



The Info Pack

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Info Pack is designed to provide a general understanding of what to expect from XT4 Crew Summer Camps. While details are subject to change, registrants will be notified as soon as new or modified information is known. Registered groups will receive additional camp info prior to start of camp.

XT4 Crew Welcome Letter

February 15, 2010

Dear Parent, Youth Pastor or Youth Leader:

We are going on our 4th year of providing camp ministry to the State of Texas! Wow - has God already blessed from His presence at each of our prior three summers.

This year we received word that we can market our camp freely to all the AWANA churches since we follow the basic principles of the AWANA ministry. What a blessing!

Our theme this summer is "Living Victoriously" - and it will feature our camp band - back by popular demand - Tommee Profitt. Please check him out at www.tommeeprofitt.com.

As always - we have a camp package that will prepare you for our week of summer camp. Please have these forms turned back in asap - but no later than May 15, 2010. These forms assist in getting the right numbers for printing the camp curriculum, t-shirts, papers needed for camp, awards, etc.

For additional questions, please feel free to reach me on my cell phone - 817-239-2417. I am so excited about our upcoming week - let's have an Xtreme Trans4mation this summer!

Nina Jones
XT4 Crew Camp Coordinator

Tentative PreTeen Camp Schedule for XT4 Crew '10

Saturday		Sunday-Friday		Saturday	
				6:30	Wake-up & pack-up
		7:00	Wake-up/Personal Clean-Up	7:00	Clean & Load-up
		7:25	Flag Call	7:30	XT4 Crew room check
		7:50	Breakfast	8:15	Breakfast
		8:05	Quiet Time	9:00	Closing Session
		8:50	Cabin Clean Up	10:00	Departure
		9:25	Praise/Worship		
		9:40	Bible Study		
3:00 - 4:45	Check-in and Camper Orientation	10:45	Rec Time		
		11:50	Flag Call/Lunch		
4:45	Flag Call	12:40	In Cabin Time		
		1:15	Bible Quiz Competition		
		2:30	Free Time		
5:00	Flag Call/Dinner	5:00	Flag Call/Dinner		
5:30	Team Time	5:30	Team Time		
6:00-8:30	Rec Blast Off & Evening Session	6:00-8:30	Rec Fun & Evening Session		
8:30	Personal Clean Up	8:30	Personal Clean Up		
9:00	Devotions	9:00	Devotions		
9:30	Lights Out	9:30	Lights Out		

REC & FREE TIMES

- **Rec Times** -organized activity time
- **Rec Fun** - unstructured fun
- **Free Time** - variety of choice activities



Tentative Jr. High Camp Schedule for XT4 Crew '10

Saturday		Sunday-Friday		Saturday	
				6:30	Wake-up & pack-up
		7:00	Wake-up/Personal Clean Up	7:00	Clean & Load-up
		7:25	Quiet Time	7:30	<i>XT4 Crew</i> room check
		7:50	Flag Call	8:15	Breakfast
		8:05	Breakfast	9:00	Closing Session
		8:50	Cabin Clean Up	10:00	Departure
		9:25	Praise/Worship		
		9:40	Bible Study		
3:00 - 5:45	Check-in and Camper Orientation	10:45	Rec Time		
		11:50	Flag Call/Lunch		
5:45	Flag Call	12:40	Bible Study Competition		
		1:15	Cabin Time		
6:00	Dinner	2:00	Free Time		
6:30	Team Time	5:45	Flag Call/Dinner		
7:00	Rec Blast Off	6:30	Team Time		
8:00	Evening Session	7:00-9:00	Rec Fun & Evening Session		
9:05	Personal Clean Up	9:05	Personal Clean-Up		
9:30	Devotions	9:30	Devotions		
10:00	Lights Out	10:00	Lights Out		

REC & FREE TIMES

- **Rec Times** -organized activity time
- **Rec Fun** - unstructured fun
- **Free Time** - variety of choice activities

Tentative Sr. High Camp Schedule for XT4 Crew '10

Saturday		Sunday-Friday		Saturday	
				6:30	Wake-up & pack-up
		7:00	Wake-up/Personal Clean-Up	7:00	Clean & Load-up
		7:25	Quiet Time	7:30	<i>XT4 Crew</i> room check
		7:50	Flag Call	8:15	Breakfast
		8:05	Breakfast	9:00	Closing Session
		8:50	Cabin Clean Up	10:00	Departure
		9:25	Praise/Worship		
		9:40	Bible Study		
3:00 - 5:45	Check-in and Camper Orientation	10:45	Rec Time		
		11:50	Flag Call/Lunch		
5:45	Flag Call	12:40	In Cabin Time		
		1:15	Bible Quiz Competition		
		1:45	Free Time		
6:00	Flag Call/Dinner	5:45	Flag Call/Dinner		
6:30	Team Time	6:30	Team Time		
7:00-9:00	Rec Blast Off & Evening Session	7:00-9:00	Rec Fun & Evening Session		
9:15	Concession Stand	9:15	Concession Stand		
10:00	Personal Clean Up	10:00	Personal Clean Up		
10:30	Devotions	10:30	Devotions		
11:00	Lights Out	11:00	Lights Out		

REC & FREE TIMES

- **Rec Times** -organized activity time
- **Rec Fun** - unstructured fun
- **Free Time** - variety of choice activities

XT4 *rew* **Camp agreement**

1. I will honor God with all my actions and attitudes at camp.
2. I will respect others and value them while at camp.
3. I will show respect to my counselors and others in authority while at camp.
4. I will set a good example for those around me while at camp.
5. I will follow the rules and guidelines for activities at camp including no cell phones or electronic devices at camp.
6. I will not gossip or use my tongue to cut down others. I will also respect the property of others and not cause any damage to either personal or camp items.
7. I will not bring fads, excessive jewelry or inappropriate clothing (too tight, too short or too offensive) to camp.
8. I will commit to reading my Bible and having daily devotions while at camp.
9. I will, in good faith, enter into the spirit of camp, not just following the rules but praying that God will use every experience to shape and mold my life.
10. I understand that attendance at camp is a privilege and that I may be sent home at any time for failing to meet the terms of this agreement.

All campers are required to attach a one page letter as what camp means to them, what they expect to learn at camp or why they want to come to camp.

Attending Camper's Signature _____

Parent's Signature _____

Camp Director's Signature _____

PLEASE RETURN FORM TO XT4 CREW CAMP BY MAY 15, 2010

XT4 Crew Guidelines

Camp Policies, Guidelines and Expectations

These guidelines will help make *XT4 Crew* an excellent experience for everyone involved. Each camper is responsible for his/her actions and answerable to the authority of youth leaders and the *XT4 Crew* staff.

1. Be present and on time for every event - including meals, teaching sessions, and recreational activities.
2. Campers are not permitted in rooms assigned to or occupied by the opposite gender.
3. Campers are not permitted to switch recreation teams, room assignments, name tags or scheduled recreation times. If there is a conflict with scheduling, contact an *XT4 Crew* staff member.
4. Radios, Walkmans, cell phones, blackberry's, video games, laser pointers, and other electronic devices are not allowed at camp. Please leave them at home.
5. Alcohol, non-prescriptive drugs, tobacco products, firearms, fireworks, and knives are strictly prohibited from camp.
6. Please help keep the grounds as clean as possible at all times. Throw away trash and help others remember to throw away their trash instead of dropping it on the ground. *XT4 Crew Camp* and the camp grounds is our home for the week.
7. Name tags must be worn at all times. They are also the camper's pass into meals.
8. Campers should bring camp notes and writing instruments to all teaching sessions.
9. Campers should be in their assigned room by the designated time on the camp schedule. The "lights out" policy has been placed on the schedule for security reasons. Campers will not be allowed outside of their living areas after their assigned curfew.

Damages: Attending churches/individuals are financially responsible for damages to camp property. Each cabin will be issued a *Damage Report Sheet* at registration to record all pre-existing damage to your assigned living areas. The report must be turned in by Sunday night's first session at 7:00 pm. Each counselor is responsible for listing all damages found in his/her group's living areas (including, but not limited to, stains on the carpet, holes in the walls, broken screens, beds, doors, windows, etc). All unrecorded damages found after the church has left the camp ground will be billed to the church/individual on a financial statement stating the damage and the cost.

Injuries: Counselors are responsible forgetting the proper medical needs of his/her campers through the camp nurse. First Aid will be administered by the camp nurse -please do not take on this responsibility by yourself. All injuries are to be reported immediately to (1) camp nurse; (2)*XT4 Crew* staff member. Each camper must use his/her own personal insurance policy or a policy through the church. While *XT4 Crew* staff will always assist with medical emergencies, **we do not provide insurance coverage.**

Room Keys: Room keys will not be available.

Youth Pastors/leaders: Due to the number of students and the limited number of *XT4 Crew* staff, please have all of your adult sponsors help *XT4 Crew* enforce each guideline.

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XT4 Crew Dress Code

What to Wear at Camp . . .

All camp attire should be modest and appropriate. This principle applies to **both** sexes.

1. Appropriate and modest clothing must be worn by all students for all events such as worship, teaching sessions, recreation, free time, and all other occasions (general guidelines: mid-riff shirts, tube tops, spaghetti-strap dresses, tank tops, halter tops or mini-skirts may not be worn at camp. Male campers must wear a shirt at all times).
2. Shorts may be worn at all events. Please, no short-shorts or spandex style shorts.
3. Shorts and T-shirts must be worn over swimsuits (except during swim time). Only modest, one-piece swimsuits are acceptable at camp. Two-piece or bikini swimsuits may not be worn at camp.
4. All clothing is subject to *XT4 Crew* staff approval. If the *XT4 Crew* staff feels that an article of clothing is inappropriate, they will ask the student to change immediately.

Rule of Thumb: If it is inappropriate at church, it is inappropriate at camp.

* Youth pastors/leaders, please share these guidelines with parents and campers prior to leaving for camp and help enforce them during our week together. *XT4 Crew* staff members do their best to monitor the dress code, but ask each church to maintain and enforce appropriate standards of modesty.

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Frequently Asked Questions . . .

What time should groups arrive?

The vans or charter bus for camp will be leaving the designated location on Saturday morning at 9:00 a.m. All campers/counselors are expected at the location by 8:00 a.m. to get checked in, forms picked up, etc. If you are meeting us at Texas Baptist Encampment, onsite registration will be at 4:00 p.m.

What should campers pack?

See the *Things to Bring* list on the *Additional Details* page of this camp *Info Pack*.

How many campers will be assigned to each room?

Girls will be in separate cabins (bunks) and guys will be in separate cabins as well (twin bunk beds) and depending on which cabin determines how many are housed in each.

Will males and females be housed separately?

At all camps, guys and girls will have separate housing.

Are there private bathrooms in each room?

No, there are shared restrooms and showers in each cabin.

Are linens (towels, sheets, pillows, blankets) provided?

No

Will room keys be provided?

No

Are there ice machines at the camp?

No. But if you need ice you can purchase it at the concession stand.

Are there laundry facilities?

No.

Will refreshments be provided between meal times?

No. Three prepared meals a day are provided at each camp. XT4 Crew will provide water at recreation, but campers should bring a water bottle for the cabin. **Liquids are a MUST.** Snack shops with designated hours will have food and drink items for sale.

Are there refrigerators or cooking facilities available at the camp for usage by the groups?

no.

Frequently Asked Questions (page 2) . . .

What are the responsibilities of youth pastors and other adult leaders during camp?

The schedule is designed to allow leaders to "hang-out" with their group and enjoy camp with them . . . leaders will be assigned to camp housing with their students; will participate on the same Rec teams as their students; will eat meals with their students; and will lead their own group's devotional time. All of the on-site planning details are taken care of for the week. We do ask all adult leaders to ensure that their students are on time to events and to enforce the camp guidelines and dress code (see the *Guidelines* and *Camp Attire* pages of this *Info Pack*) during the week.

Who will be the camp praise and worship band?

Back by popular demand - Tommee Profitt will be our camp band. Check out Tommee at www.tommeeprofitt.com.

How can parents contact their students at camp?

See the *Contact Information and Emergency Phone Numbers* section on the *Additional Details* page of this *Info Pack*.

Is there a dress code?

Yes. See the page entitled *Dress Code* in this camp *Info Pack* and please give a copy of the dress policy to each camper before he/she packs for camp.

Will there be a medic/camp nurse on-site?

Yes, we will have a camp nurse. All medicines will be given to the camp nurse on the first day of camp with specific instructions on their dispersion.

Will "in-hours" or "quiet hours" be enforced each night?

Yes. All campers are required to be in their assigned rooms - please check your camp's schedule to find out which time applies to you. At the specified time for each camp, all room lights must be turned out. Adult leaders will be responsible for enforcing this policy with their own groups.

Who will be responsible for policy enforcements?

All adult leaders (youth pastors and counselors) will cooperate with and help enforce all camp policies (including, but not limited to, dress policy, in-hours, opposite-gender room-visitation and on-time expectations to each scheduled event). Please give a copy of the *Camp Policies, Guidelines, and Expectations* page in this *Info Pack* to each camper (adults and students) before departing for camp.

What is the adult to student ratio?

Per State of Texas laws we must have 1 same gender counselor for every 10 campers.

XT4 Crew Camp **Emergency Procedures**

Every counselor and camp leader needs to be informed as to procedures to be followed in the case of emergency. It is not possible to cover all situations completely but leaders should realize that some circumstances call for common sense action. In an emergency the key phrase is "keep calm."

Fire

1. Evacuate building immediately.
2. Move everyone to a safe place and make sure everyone is present. Choose a predetermined place upon arrival to camp.
3. Notify XT4 Crew Camp Directors or Coordinator and Texas Baptist Encampment Staff.
4. Campers should have exits to their dormitory pointed out to them. All dormitories should have directions to exits posted.
5. Campers are encouraged not to use fire extinguishers under any circumstances. The counselor should be responsible for using the extinguishers.

Tornado or Severe Weather

Camp Coordinator will monitor news. If a storm is in the area, the campers should:

1. Go to the Dining Hall and common area of dorms.
2. Counselors will be responsible for orderly evacuation of the dorms and see that all campers are in the Dining Hall or common area of dorms.
3. Cover with mattresses. Stay inside until notified all clear. Stay away from windows and get near an interior wall.
4. If a camper is caught in the open when a storm strikes, they should take cover in a depressed or low area of open ground. Do not get under a tree.

Minor Accident

A minor accident is one in which a doctor's attention is not needed, such as a minor cut, bruise, abrasion, etc.

1. Stay with the injured person
2. Render emergency first aid
3. Move the person to the camp first aid station or summon medical staff.

Major Accident

A major accident is an accident that requires an ambulance, such as a drowning, near drowning, back injury where victim is immobilized, unconscious, severe bleeding or hemorrhaging.

1. Stay with injured person
2. Render emergency first aid
3. Send someone to notify Staff
4. Notify Administrator
5. With the supervision and authority of Camp Nurse, the injured person should be taken to the nearest hospital.
6. Parents or relatives should be notified by XT4 Crew Staff.

Snake Bite

1. Apply a restriction (belt or wide cloth) above and below the bite but not tightly enough to halt blood circulation completely.
2. Keep bitten area lower than the heart if possible.
3. Notify camp staff
4. Transport to the hospital at once.

Africanized Bees

A new danger to areas of Texas is the Africanized bees. Campers should be aware that they should not agitate any swarm of bees. If a swarm is seen, it should be avoided. Someone should be posted to keep other campers from approaching the swarm and someone should go to the camp office to report the swarm.

1. If a camper is stung, they should go immediately to the nurse's station.

Child Abuse

Should a counselor discover evidence of child abuse or sexual molestation, it should be reported to the Camp Director and the Camp Coordinator. Advice on procedures to follow can be obtained by calling the abuse hotline, 1-800-252-5400. We are obligated by law to report all incidents.

Intruders

An intruder is anyone who has not registered at the camp office his/her presence in camp. This may include parents of campers or even church staff. The camp office should be notified if you suspect there is someone in camp that does not belong. Anyone acting suspicious should be reported. One should keep in mind that on family night, great numbers of parents are present and have made arrangements through the camp office. Campers and counselors should not be in remote areas of the camp late at night.

Nurse's Station

All prescription medicines are to be given by the camp nurse. Any counselor who gives medication of any kind to campers is placing himself/herself in a vulnerable position. XT4 Crew is not responsible for the treatment of pre-existing conditions. The nurse's station will be closed after 10:00 p.m. except for emergencies. Campers with head lice or an infectious disease will be sent home. Do not move a camper who has a possible head or spine injury or who is unconscious unless his life is endangered by the circumstances.

Fire-Police-Ambulance: Dial 911

Name of Organization:
XT4 CREW CAMP

XTREME TRANS4MATION CREW CAMP
 PO Box 1374, Colleyville, TX 76034
 Phone: 817-239-2417 Fax: 817-485-7509

Date of Activity:
JUNE 26TH –
JULY 3RD

**Summer Agreement To Participate
 Assumption of Risk and Release**

RELEASE MUST BE SIGNED IN INK

Name of Participant:					Date of Birth:		Age:	
Address:								
City:		State:		Zip:		Phone Number:		
Persons to be contacted in case of emergency:								
Name:					Relationship:		Phone Number:	
Name:					Relationship:		Phone Number:	
Family Physician:					Phone:			
Insurance Company:					ID Number:		Group Number:	
Insured's Name:					Insured's SS#			

HEALTH HISTORY (Circle appropriate answer and describe any YES answers)

Please Describe

1. Have you had or do you have any heart problems? NO.....YES
2. Do you frequently suffer from pains in your chest? NO.....YES
3. Do you often feel faint or have spells of severe dizziness? NO.....YES
4. Has a doctor ever told you that you have high blood pressure? NO.....YES
5. Do you have arthritis, joint or back problems that might be aggravated by exercise? NO.....YES
6. Have you had any operations or serious injuries? Please give dates. NO.....YES
7. Do you have any disabilities or chronic recurring illness? NO.....YES
8. Are there any activities to be limited or discouraged by physician's advice? NO.....YES
9. Are you allergic to any medicines, insects or pollen? If yes, please list below NO.....YES
10. Do you have epilepsy? NO.....YES
11. Do you have diabetes? NO.....YES
12. Do you have any prescribed meal plan or dietary restrictions? NO.....YES
13. Last date of Tetanus/Diphtheria _____
14. What medical conditions are you currently being treated for: _____
15. List all medication you are currently taking: _____
16. **Please give a statement of your current health (list all allergies):** _____

The proposed Recreational Activities, including but not limited to: Kayaking, Sailboats, or 5 or 10 person Banana Boats, provided by Texas Baptist Encampment require participation in physical exercises which are, by their nature, demanding. Many of the activities will challenge you and cause surges in blood pressure and pulse rates. It is imperative that you are free of any heart related or other diseases. Therefore, all participants must be free of medical or physical conditions which might create undue risks to themselves or any others who depend on them. Good physical condition will increase your enjoyment of the outdoor activities. If there is any doubt about your ability to safely participate in this experience, you should have a physical examination.

I am aware that during my participation in recreation at Texas Baptist Encampment upon my request certain risks and danger may occur. These include, but are not limited to, the hazards of being in a wilderness area, the forces of nature, and other reasons concerning this special environment. I have and do hereby assume all risks and will hold staff, officers, and trustees harmless from any and all liability, actions, cause of action, debts, claims and demands of every kind and nature whatsoever which I now have or which may arise from or in connection with my participation in any activities arranged for me by Texas Baptist Encampment, its staff and the XT4 Crew Camp and its staff. The terms hereof shall serve as a **Release and Assumption of Risk** for my heirs, executors, and administrators and for all members of my family.

This form gives Texas Baptist Encampment and XT4 Crew Camp permission to take my child's picture, individually or in a group, and publish it for promotional purposes only. **I DO NOT** give permission to take pictures. _____(Initials of Participant/Parent or Guardian)

Texas Baptist Encampment reserves the right to not allow any individual and/or group which presents itself as a liability risk to participate in this program. This is at the sole discretion of the Texas Baptist Encampment and XT4 Crew Staff.

In case of accident or illness Texas Baptist Encampment will attempt to provide first aid and arrange transportation to medical services, if needed.

Assumption Of Risk And Release Form must be completely filled out and signed by the participant and by parent or legal guardian (for children under 18). These forms must be given to Texas Baptist Encampment staff upon arrival to camp. Failure to circle "EXCLUDING" gives consent to participate in these activities.

The health history above is correct, so far as I know, and I believe that my health is satisfactory to participate in all scheduled activities, I, _____, the parent or guardian of _____, my child, authorize XT4 Crew Camp and its staff's physician, nurse, or authorized personnel to examine, treat, or administer medications for any illness or injury to my child as deemed necessary. In the event of an emergency and if I cannot be reached by telephone, I authorize such persons to obtain any medical care (including hospitalization, injection, anesthesia, and surgery) from a licensed, certified, or authorized health care provider for my child as deemed necessary. I accept sole responsibility for the payment of any medical care. I hereby release, indemnify and hold harmless XT4 Crew Camp and its staff, and Texas Baptist Encampment, its agents and employees, from and against any and all claims, liabilities, or negligence of any such health care provider or of XT4 Crew Camp and its staff and Texas Baptist Encampment, its agents and employees.

Date: _____ Signature of Participant: _____

Date: _____ Signature of Parent/Guardian (if Participant is under 18 years of age): _____

PLEASE RETURN FORM TO XT4 CREW CAMP BY MAY 15, 2010



Things to Bring

Modest camp clothing (see *Camp Attire* page)

Linens (see specific camp for details)

Extra money (snacks, rec)

Bible

Notebook & Pens/Pencils

Plenty of water

Sunscreen

Hat

Insect Repellent

Camera

Group First Aid kit

Toiletries

Shoes for athletic activities

Required Forms

Prior to start of camp, every camper must have the following forms on file with XT4 Crew camp. **No one will be permitted to participate in camp without each required form on file.**

1. Texas Baptist Encampment to Participate (all attendees)
2. XT4 Crew liability and release form (all attendees)
3. Insurance Information (all attendees)
4. Guidelines Agreement (all attendees)
5. Parental Consent (18 & under only)

You may download a copy of these forms from the website www.xt4crew.org or a pdf will be emailed to you as requested. The original of these forms need to be mailed to XT4 Crew prior to the start of camp. Please keep a copy for yourself as a backup.

First Aid

Our camp nurse will administer first aid to all campers/adults as needed. Please read the first aid procedures supplemented with this info pack. **Liquids are a MUST.**

Contact Information and Emergency Phone Numbers

Mail sent to campers should be labeled "Attn: XT4 Crew" with the church name, appropriate camp site and address.

Texas Baptist Encampment

PO Box 1265

Palacios, TX 77465

361-972-2717

****To ensure delivery to campers, please send out mail the first of the week (Monday).**

XT4 Crew office -817-239-2417

Phone numbers are for emergency use only. **Youth pastors/leaders:** Please forward camp contact information to parents or guardians of each camper.

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